

A Goodbye Meal

The last supper Matthew 26:14-16; John 13:26-30; Mark 14:12-26



Challenge your child to retell the story. Help him or her remember key details by asking the following questions:

- What did Jesus say to His disciples about the bread at the meal? (Jesus said the bread was His body. It was given for them.)
- ★ What did Jesus say about the cup? (Jesus said the drink was His blood. It was poured out to forgive sins.)

Read the following thought aloud to help increase your child's understanding:

Jesus shared this last meal with His disciples to show them what was going to happen at the cross. Soon, Jesus would give His own life to save many. Jesus would willingly pour out His own blood by dying so that our sins could be forgiven.



Together, discover how this specific lesson ties into God's Big Story. Read the following aloud to your child:

Jesus told His disciples to remember Him when they ate the bread. He wants us to remember that He gave His body and blood on the cross. He freely died to take the punishment for our sins so that we could be forgiven.



As they were eating (pretend to eat),

Jesus took some bread and blessed it (hold hands palms up and look up).

Then he broke it in pieces (pretend to break bread)

and gave it (pretend to pass bread out to others) to the disciples,

saying, "Take it, for this is my body (trace two fingers down the sides of your torso)."

Mark 14:22 (NLT)



Dear God,

Thank You for making a way so that I can be forgiven. Thank You for Your Son, Jesus, who took the punishment I deserve.

Amen.

